

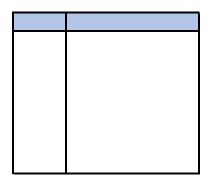
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FAQs: SJ OPER	ATING HO			
Academic Term Program Operations Days		Spring Summer 2024 Monday - CLOSED		
		Tuesday - CLOSED		
		Wednesday - 11am - 3pm Thursday - 11am - 3pm		
		Friday - CLOSED		
Program Operation	as Hours	10am 4am		
Program Operation	ns Hours	10am - 4pm		
Question	What is th	e Community Care Centre (CCC)?		
Answer	The Comm	nunity Care Centre is a vibrant provider of		
	integrated	I health services, community programs, and		
		ation initiatives that enable student		
		wellness. Our trauma-informed approach to accessing care and peer supports recognizes the importance of		
	making co	making connections through lived experience.		
	Open to a	II, with a peer support focus on traditionally		
		ed students who face barriers to care.		
	Current gr ØBlack Stu			
		with Disabilities		
		ion, Iniuit and Metis Students' onal/Racialized Students'		
l	22SLG BTC	(IA+ Students		
l	⊠Women	& Trans Students'		
Question	Where is t Casa Loma	the Community Care Centre (CCC) space at a?		
Answer		nd our centre in rm. E124, and our Resource		
		n. E125, at Casa Loma campus!		
Question	When are	Drop-In Services and Centre Programming		
		hours at Casa Loma campus?		
Answer		oma, our Drop-In Services and Centre ning occur Monday to Thursday, 10am to		
	4pm. Our	Resource Wall (rm. E125) is open after		
		provide health and wellness resources our drop-in hours. We refill supplies and		
		Wall inventory to accommodate students		
		evening or weekend classes. If you require a		
		em or resource, email care@sagbc.ca to n in-person visit and/or pick up		
	_			
Our attack				
Question		the Community Care Centre (CCC) space at nt?		
Question Answer	Waterfrom The Comm	nt? nunity Care Centre's Drop-In Services and		
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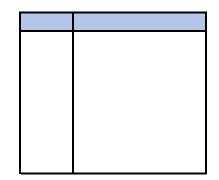
Academic Term	D	Spring Summer 2024		
Program Opera	tions Days	Monday - CLOSED Tuesday - 11am - 3pm		
		Wednesday - 11am - 3pm		
		Thursday - CLOSED		
		Friday - CLOSED		
Program Opera		10am - 4pm		
Question	What is	Peer Support?		
Answer		port refers to relationships built between here no power imbalance exists. Peer support		
	is inform	is informal, recognizes the importance of making		
	connect	connections through lived experiences.		
	_			
Question		meant by "trauma-informed" approach?		
Answer		ma-informed approach integrates an Inding of past and present experiences of		
	violence	, lived experience, or trauma into all aspects		
		e delivery and programming, with the goal of re-traumatizing individuals through informal		
		peer supports or referrals.		
		rauma treatment, nor is it intended to replac		
		medical treatment or consultation with a qualified health or medical professional.		
Question	What do	Peer Education Initiatives look like?		
Answer	The Corr	The Community Care Centre uses a trauma-informed		
	approac	h to peer support. Our aim is to offer informa		
		groups, activity-focused peer support (e.g., imes, crafting sessions), education activities o		
		ps, one-on-one peer support sessions with eer Workers, student advocacy, and creative		
	care pra			
Question	Why Pee	er Support?		
Answer	Because	delivering a range of judgement-free front-		
	line prof	essional peer supports and creative care		
		s empowers students in their capacity-building are, mutual care, and collective care.		
	Peer sup	port works because people who have shared		
	lived exp	erience can offer support, encouragement,		
	and hop	e to each other when facing similar situations		
Question	Howdo	I make a one-on-one appointment?		
		drop by our spaces in-person, or book a one-		
Answer	on-one a	ppointment by emailing		
	caresupp	port@sagbc.ca		
Question				
Answer				
	1			
	1			
Question Answer		nefits or outcomes can I expect? port is grounded in the principle that student:		
	are the e	experts on their own lived experiences and		
		needs. Students know their needs best. The outcomes, benefits, or expectations are shaped by individual		
	needs.			
		eer Workers and Care Staff are here to listen		
		e, explore options with students, focus on		
	individua	al strengths, and offer internal, external and		
	commur	al strengths, and offer internal, external and hity referrals. Likewise, we're trained to		
	commur commur			
	commur commur develop	nity referrals. Likewise, we're trained to nicate effectively and empathetically to		

FAQ: CL OPERAT	TING	
Academic Term Program Operations Days		Spring Summer 2024 Monday - CLOSED Tussday - 11am - 3pm Wednesday - CLOSED Thursday - 11am - 3pm Friday - CLOSED
Program Operations	-	
Question Answer	What Health Resources and Services does the CCC offer to students?	
Answer	There are a variety of types of resources, services, and supports that we offer to students. At whole, we administer resources, campaigns, and education outreach on: Biself-Care Bi Mental Health Bi Harm Reduction Bisewal Health Bional Health Bional Health Birthgiene Bisafety	
Question	What are	sample Self-Care resources?
Answer	Creative care practices that foster community-building between students. Whether board games, buttons, zines, wellness widgets/fidgets, or teas and coffees, our spaces are intended to be aitmentative, physical spaces that are sensory-friendly, and low-barrier to accessing care.	
Question	What are sample Mental Health resources?	
Answer	Peer Work supports, materials	ormal, one on-one geer supports with Equity Kers. Referrals within the College, external or community organizations. Campaigns and focused on advocating, educating, and issues from student members.
Question	Sample Se	exual Health resources?
Answer		condoms ducation resources nity Referrals
Question	Sample M	enstrual Health or Reproductive Justice
Answer	resources Menstrua Tampons Menstrua Pregnanc Commun And more	al pads 5 al cups cy tests ity Referrals
Question	Sample Ha	arm Reduction Resources?
Answer	Naloxone Eentanyl ElV Self- Wound C Sharps C Testoster Ngjene S Safer Ger Safer Sut Safer Bin Safer Tes	Test Kits Care Items
Question	Are these	resources free to students?
Answer	Yes, most George Br communit Associatio the Comm	or all our resources are completely free to own College students, grads, alumni, and y members. Through the Student n, community partnerships, and donations, unity Care Centre is a proud provider of d wellness resources.

Question	Can I request a Workshop, Campaign, or Classtalk from the CCC?		
Answer	Assolutely. Trauma-informed practices include conducting needs-based assessments, while ensuring that we remain open and receptive to feedback from student members. Here, we aim to offer equity events programming, classtaks, or compaigns with a peer support focus on traditionally marginalized students who face barriers to care.		
	Likewise, we believe in the importance of making connections through lived experiences. We offer clastatiks or workshops that center the issues of students from the margins (i.e., Consent in the Classroom, Reproductive Justice, Pronouns 101, Let's Talk Harm Reduction).		
	Committed to supporting and serving student members, you can request a workshop, classtalk, or peer support session in-advance by contacting		

Date updated 2024-04-29 CJH





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